




WEEK # 1

Menu 2019

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Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	<u>Breakfast Menu Items For The Week</u>			Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas
			Milk	Assortment Of Fruit Juices			

	Jan.14 MONDAY	Jan.15 TUESDAY	Jan.16 WEDNESDAY	Jan.17 THURSDAY	Jan.18 FRIDAY	Jan.19 SATURDAY	Jan.20 SUNDAY
D I N N E R	Vegetable Beef Soup Pork Chops Fried Onions Apple Sauce Mashed Potatoes Cauliflower/Cheese Sauce Jello / Whipped Cream	Minestrone Soup Baked Fish White Sauce Mashed Potatoes Carrots Peaches	Chicken Noodle Soup Chicken Finger Mashed Potatoes Green Beans Cookies	Rice Soup Shepherds Pie  Peas Strawberries	Vegetable Soup Grilled Fish Mashed potatoes Broccoli Squares	Cream of Broccoli Shake and Bake Chicken Mashed potatoes Mashed Turnips Baked Custard	Chicken Noodle Soup Roast Beef / Gravy Mashed or Baked Potatoes Parsnips Pie
	S U P P E R	Vegetable Beef Soup Chicken a la King on toast  Fruit Cocktail	* Minestrone Soup Mini Sub Pasta Salad Lemon Tarts	Fish Chowder Biscuits Cottage Pudding	* Rice Soup Cabbage Roll Manadrin Orange	* Vegetable Soup Sloppy Joe on 1/2 bun Peas Fresh Fruit Salad	Cream of Broccoli Ham  Lemon Loaf

Menu may change without notice

HS Snack Menu Voortman Cookies	Social tea or Arrowroot Cookies	Nutri Bar	Toast	Cake	Frozen Yogurt	Cookies
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