				Breakfast Menu Items F	or The Week		
	Oatmeal	Eggs Any Style	Toast	Greek Yogurt		Tea	Apples
	Cold Cereal		Bagels	Milk	Assortment	Coffee	Orange
	Cream of Wheat	Bacon on Sunday	Raisin Bread	Sliced cheese	Of Fruit Juices	Milk	Bananas
	06-Oct	07-Oct	08-Oct	09-Oct	10-Oct	11-Oct	12-Oct
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	SS	SS	NS	IN	IN	SS	
	Macaroni Soup	Cream Of Onion Soup	Tomato Soup	Cabbage Soup Stuffed	Vegetable soup	Cream of Broccoli Soup	Veg Soup
	Bologna	•	Boiled Dinner	chicken breast	Grilled Fish	Shake /bake Chicken	Roast Pork
		Poached Haddock					
	Mashed Potatoes		Boiled Potato	Mashed Potatoes	Mashed Potatoes	Mashed Potato	Mashed Potatoes
		Mashed Potatoes	Turnips				
	peas and carrots		Carrots	Green Beans	Broccoli		Cauliflower
		Mixed Veg	Cabbage			Yellow Beans	
	Baked Custard	Fruit cocktail	Stewed Pears	Strawberries	Mandarin Orange	Butterscotch Pudding	Pie
			*				
	Macaroni Soup	Cream Of Onion	Tomato Soup	Cabbage Soup	Vegetable soup	Cream of Broccoli	Veg Soup
		Soup	.			Soup	
			Grilled		Quiche		Fish Burger
	Chicken A La King	Spaghetti and meat	Ham & Cheese	Beef Stroganoff		Baked beans	
	on Toast	sauce	Sandwich	Noodles	Pasta Salad	Hot dog	
		Garlic Bread				Brown Bread	potato hash log
						Cingorbrood	
	stewed Pears	Lemon Loaf	Squares	Stewed Peaches	Jello / whip cream	Gingerbread whip cream	ice cream
Mei	nu may change without		Oqual 63	Otowod i edolles	Cono / Willp Cleam	Willy Clean	ioc cream
	HS Snack Menu					Social tea or	
	110 Olluon Mellu					Arrowroot	
	Voortman Cookies	Nutri Bar	Cookies	Toast	Pudding	Cookies	Toast