

WEEK # 3		Menu 2025			flip over for week4		WEEK # 3		
<u>Breakfast Menu Items For The Week</u>									
Oatmeal		Eggs Any Style		Toast		Greek Yogurt		Tea	
Cold Cereal				Bagels				Coffee	
Cream of Wheat		Bacon on Sunday		Raisin bread		Sliced cheese		Assortment	
						Of Fruit Juices		Milk	
								Apples	
								Orange	
								Bananas	

	29-Sep MONDAY	30-Sep TUESDAY	01-Oct WEDNESDAY	02-Oct THURSDAY	03-Oct FRIDAY	04-Oct SATURDAY	05-Oct SUNDAY
D I N N E R	Cream of Mushroom Honey Garlic Ribs on the Bone Mashed Potatoes Rice Pilaf Yellow Beans Pears	Barley Soup Sweet and Sour Pork Mashed Potatoes Rice Pilaf Broccoli Squares	Beef Noodle Soup Glazed Chicken Mashed Potatoes Carrots Apple Crisp	Vegetable Soup Salisbury Steak fried onions and mushroom Mashed or Baked Potatoes Cauliflower Lazy Day Salad	Hamburger Soup Poached Salmon Hollandaise Sauce Mashed Potatoes Peas Stewed Peaches	Hamburger Soup BBQ rib style pork cutlet Mashed Potatoes Rice pilaf Green Beans Mandarin Orange	Rice Soup Baked Ham Scalloped or Mashed Potatoes Corn Pie
S U P P E R	Cream of Mushroom Chicken Parmesan Blueberry Cake	Barley Soup Rappie Pie Brown Bread Fruit Cocktail	Beef Noodle Soup Hamburger in Bun Pom Pom Pudding	Vegetable Soup Tuna Casserole Pineapple Cake	* French Toast Sausage Pumpkin Tarts	Fish Chowder Rolls Apple Sauce	Rice Soup Corned Beef Hash Pickles Baker's Choice

Menu may change without notice

HS Snack Menu						Crackers With Peanut Butter or Cheese
Cookies	pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	