

WEEK # 4

Menu 2023

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

19-Jun		20-Jun		21-Jan		22-Jun		23-Jun		24-Jun		25-Jun	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
D I N N E	Macaroni Soup	Cream Of Onion Soup	Mushroom Soup	Cabbage Soup	Vegetable soup	Cream of Broccoli Soup	Barley Soup						
	Bologna	Grilled Fish	Boiled Dinner	Chicken Fingers	Baked Fish	Stuffed chicken breast	Roast Pork						
	Mashed Potatoes	Mashed Potatoes	Boiled Potato	Wedge potatoes	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes						
	peas and carrots	Mixed Veg	Turnips Carrots Cabbage	Yellow Beans	Broccoli	Green Beans	Cauliflower						
	Baked Custard	Fruit	Melon	Strawberries	Mandarin Orange	Butterscotch Pudding	Pie						
S U P P E R	Macaroni Soup	Cream Of Onion Soup	*	Cabbage Soup	Hearty Chicken Vegetable Soup	Cream of Broccoli Soup	Barley Soup						
	fish Nuggets	Ham Salad	Grill Cheese Sandwich	Quiche		Baked beans	Fish Burger						
	Pom Pom Potatoes	Sandwiches	Side Sauasge	Pasta Salad	Rolls	Hot dog brown bread	potato hash log						
	Chow	Sliced Cucumber				Gingerbread whip cream							
	Pears	Lemon Loaf	Squares	Peaches	Jello / whip cream	whip cream	Grapes						

Menu may change without notice

HS Snack Menu					Social tea or Arrowroot Cookies	
Voortman Cookies	Nutri Bar	Cookies	Toast	Pudding		Toast and jam