

WEEK # 5

Menu 2022

please flip over for week 6

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

		13-Jun MONDAY	14-Jun TUESDAY	15-Jun WEDNESDAY	16-Jun THURSDAY	17-Jun FRIDAY	18-Jun SATURDAY	Happy Fathers Day 19-Jun SUNDAY
D I N N E R		Cream of Carrot	Mushroom Soup	Chicken Noodle Soup	Macaroni Soup	Cream of Chicken	Barley Soup	Bean Soup
		Shake / Bake Chicken Cranberry Sauce	Chrispy Fish Fillets	BBQ	Chicken breast Honey Galic Sauce	Salt Fish Dinner Pork Scraps Mashed /Boiled Potatoes	Dinner Sasusage	Bake Ham
		Mashed Potatoes	Mashed Potatoes		Mashed Potatoes		Mashed Potatoes	Scalloped or Mashed Potatoes
		Mixed Vegetable	Diced Carrots		Brussel Sprout	Turnips	Yellow Beans	Kernel Corn
		Choc Cake	tapioca Pudding	Pears	Strawberries	Jello / whip cream	Mandarin Orange	Lemon Pie
S U P P E R		Cream of Carrot	* Mushroom Soup	* Fish Chowder	* Macaroni Soup	* Cream of Chicken	Barley Soup	Bean Soup
		French Toast	Egg Sandwich	Rolls	Pulled Pork on a 1/2 bun	Hamburger / Bun	Chicken on bone Potato Salad Cole slaw	Fish Cakes
		Sausage	Salad		Sliced Cucumber	Pom pom Sliced Tomatoes		Chow chow
		Fruit Cocktail	Peaches	Vanilla Pudding	Fruit Cocktail	Cottage Pudding	Banana Bread	Apple Sauce

Menu may change without notice

HS Snack Menu						
Toast	Cookies	Nutri Bar	Toast	Cheese & crackers	Toast	Pudding or Yogurt