

WEEK # 4

Menu 2022

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Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	18-Jul MONDAY	19-Jul TUESDAY	20-Jul WEDNESDAY	21-Jul THURSDAY	22-Jul FRIDAY	23-Jul SATURDAY	24-Jul SUNDAY
D I N N E	Macaroni Soup Bologna Mashed Potatoes peas and carrots Baked Custard	Cream Of Onion Soup Grilled Fish Mashed Potatoes Mixed Veg Tropical Fruit Salad	Mushroom Soup Boiled Dinner Boiled Potato Turnips Carrots Cabbage Melon	Cabbage Soup Chicken Fingers Wedge potatoes Yellow Beans Strawberries	Vegetable soup Baked Fish Mashed Potatoes Broccoli Mandarin Orange	Cream of Broccoli Soup Stuffed chicken breast Mashed Potatoes Green Beans Butterscotch Pudding	Barley Soup Roast Pork Loin Mashed Potatoes Cauliflower Pie
S U P P E R	Macaroni Soup fish Nuggets Pom Pom Potatoes Chow Pears	Cream Of Onion Soup Ham Salad Sandwiches Sliced Cucumber Lemon Loaf	* Mushroom Soup Pizza Squares	Cabbage Soup Quiche Tossed Salad Peaches	Hearty Chicken Vegetable Soup Rolls Jello / whip cream	Cream of Broccoli Soup Baked beans Hot dog brown bread Gingerbread whip cream	Barley Soup Fish Burger potato hash log Grapes

Menu may change without notice

HS Snack Menu Voortman Cookies	Nutri Bar	Cookies	Toast	Pudding	Social tea or Arrowroot Cookies	Toast and jam
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