

WEEK # 1

Menu 2022

Flip over for week 2

WEEK # 1

<b>Breakfast Menu Items For The Week</b>						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style  Bacon	Toast  Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea  Coffee	1/2 Grapefruit 1/2 Orange Bananas

	8-Aug MONDAY	9-Aug TUESDAY	10-Aug WEDNESDAY	11-Aug THURSDAY	12-Aug FRIDAY	13-Aug SATURDAY	14-Aug SUNDAY
D I N N E R	Vegetable Beef Soup  Pork Chops Fried Onions Apple Sauce Mashed Potatoes  Cauliflower/Cheese Sauce  Jello / Whipped Cream	Minestrone Soup  Baked Fish White Sauce  Mashed Potatoes  Carrots  Peaches	Chicken Noodle Soup  Chicken Finger  Mashed Potatoes or Fries.  Green Beans Cookies	Rice Soup  Shepherds Pie   Peas  Strawberries	Vegetable Soup  Grilled Fish  Mashed potatoes  Broccoli  Lemon Squares	Cream of Broccoli  Shake and Bake Chicken  Mashed potatoes  Mashed Turnips Baked Custard	Chicken Noodle Soup  Roast Beef / Gravy Mashed or Baked Potatoes  Parsnips  Pie
	S U P P E R	Vegetable Beef Soup  Hot Chicken Sandwich  Fries  Fruit Cocktail	Minestrone Soup  Mini Sub  Pasta Salad  Lemon Tarts	Fish Chowder  Biscuits   Lemon Loaf	* Rice Soup  Chicken Fried Rice  Egg Roll  Mandarin Orange	* Vegetable Soup  Sloppy Joe on 1/2 bun  Tropical Fruit Salad	Cream of Broccoli  Pancakes Ham  Cottage Pudding

Menu may change without notice

HS Snack Menu  Toast	Social tea or Arrowroot Cookies	Nutri Bar	Toast	Cake	Frozen Yogurt	Cookies
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